

# GROWTHguide

"Steps to Freedom"

September 24, 2017



## THIS WEEK'S SCRIPTURES

Proverbs 11:3, Psalm 119:1-3, 9-16,  
John 8:31-38 , Philipians 1:6, Psalm 1:1-2

### DAY 1

Read [Proverbs 11:3](#)

Self-discovery is an important process when it comes to becoming a person of Christ. Take time to reflect on your character as a person. Don't create the person you think others believe you to be, but remove all barriers and expose the person you are. **Ask yourself:**

- **Who are you?**
- **What traits of your character are positive?**
- **Which ones would you like to see changed?**
- **Why?**
  
- **Write down the qualities you wish your spouse, or your closest friend or partner, to see? Why?**
  
- **Which of your life qualities reflect the character of Christ?**

### DAY 2

Read [Psalm 119:1-3, 9-16](#)

Scripture has a lot to say about living our life according to the example of Jesus Christ. The truth is none of us are

totally blameless and even though we strive not to make mistakes, take on addictions or sin, we do anyway.

- **Reflect on the words of Psalm 119 linked above. What does this say to you?**
- **Is it possible to be blameless? Why or why not?**
- **Keeping God's "statutes" is a key phrase used by the Psalmist. How does doing this lead to a path of blamelessness?**

God's grace is an amazing gift. It is the unmerited, unearned love and forgiveness of God.

- **In what ways do you need God's grace at this time of your life?**

## **DAY 3**

**Read [John 8:31-38](#)**

Jesus speaks volumes of being "set free" from our sin and issues of character. Paul reminds of us a life that is "transformed" into the likeness of Christ.

- **As you read John 8:31-38, what does it mean to you to know that the truth is revealed in Christ?**

Knowing the truth of your life begins the process of seeing where you are on life's journey. Repentance is the process of accepting that your life is not where God wants it to be and when we repent, it literally translates to "*changing direction.*"

- **What things are you in need of repenting?**
- **How will repentance set you free?**

## **DAY 4**

**Read [Philippians 1:6](#)**

A renewed mind transforms a life in much the same way as a new discovery. We see our errors in the navigation of our daily life and our faith begins the process of challenging those areas where we are missing the mark. Renewing our minds involves challenging the assumptions and beliefs that support our worldview and realigns us to seeing the view of Christ.

- **How can you identify and face up to the errors of your worldly thinking?**
- **In what ways are you seeking God's direction and wisdom to move from the "world view" towards a new way of thinking, the "spiritual view?"**
- **Imagine yourself taking off the "old" and putting on the "new." What does this look like?**

## **DAY 5**

### **Read [Psalm 1:1-2](#)**

Ralph Waldo Emerson wrote, *"What lies behind us and what lies before us are tiny matters compared to what lies within us."*

- **How does this apply to you? What does it mean in your own life?**

Sometimes we live into the little lies of life. We convince ourselves we are perfect and not in need of transformation. The Bible says that God is looking throughout the earth and humanity for the good that comes within.

- **What are some things you celebrate as "good" in your life when it comes to your character? What things would you like to improve?**

The Psalmist recognizes that time is important, especially when it comes to nurturing our relationship with the Lord.

- **How are you making time for prayer, repentance and connection with God each day?**

- **What spiritual practices are you using?**

## DAY 6

Today is a day of reflection. Think about all you've read and learned this past week. Repentance is key to our growing relationship with God and especially to being at peace with God and our neighbor. If you have identified any things that you need to repent or aspects of your character that you would like to change, take some time today to think about how you can begin the process of "changing direction."

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